



FAMILY matters!



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Notification 92 / P1-P6 / 2017

16 October 2017

Dear Parents / Guardians,

To return Registration Slip with payment to General Office by 27 Oct 2017.

**PARENT AND CHILD BONDING ACTIVITY – ICE CREAM MAKING AND PARENTING TALK ON NURTURING A CONFIDENT CHILD**

Together with The Family Matters@FPPS, the school has arranged a Parent and Child Bonding Activity and a Parenting talk to support you in your parenting journey in Term 4.

**Date:** 03 Nov 2017, Friday

**Time:** 1.40 p.m. – 5 p.m. (Lunch will be provided before the workshop)

**Venue:** Farrer Park Primary School (Teaching Lab, Level 3)

**Fees:** \$30 per pair (1 child and 1 parent)

Please note that the ice cream making activity is subsidised by our school and that **each pair** would only need to pay **\$6** (cash terms only).

As there are limited vacancies for this session, registration will be done on a **first-come, first-served basis**.

To sign up, please submit the reply slip together with the \$6 payment to the **School's General Office** by **Friday 27 October 2017**.

Yours sincerely,

Mdm Nurilhuda Ahmad (Teacher In-Charge)  
Ms Winnie Ong (Family Matters@FPPS coordinator)

Reply Slip / Notification

**Registration Slip: Parent Child Bonding activity and Parenting Program 'Ice cream making' – 2017 Term 4**

I would like to sign up for the Parent Child bonding activity and Parenting talk.

Name of child / ward : \_\_\_\_\_ Class : \_\_\_\_\_

Name of Parent / Guardian : \_\_\_\_\_ Relationship to child / ward : \_\_\_\_\_

Contact No : \_\_\_\_\_ (Home) \_\_\_\_\_ (Mobile)

Food Preferences : Vegetarian / Non-vegetarian \*Food provided are halal.

Signature of Parent / Guardian : \_\_\_\_\_

**I understand that no refund will be made if I do not turn up for the session.**





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### Ice Cream Hands-on Workshop

This workshop equips you with the knowledge to make ice cream at home without fancy equipment. Participants get to see the *Gelato* method of making ice cream, from pasteurising to freezing their very own creation. Participants will learn the different types of ice cream, basic ingredients & equipment needed, how to pasteurise & freeze ice cream at home as well as learning the different flavour recipe.

### Parenting talk: Nurturing A Confident Child

#### Synopsis :

Whether going to a new school or taking up a sport for the first time, children need confidence to face or overcome obstacles to achieve goals. Parents want to instill a can-do attitude in their kids so that they will take on new challenges and, over time, believe in themselves. While each child is a little different, parents can follow some general guidelines to build their children's confidence.

In this workshop, parents will learn the importance of developing their child's self-confidence and strategies to raise their self-esteem too. Parents will do a self-reflection on their own confidence level and understand the impact this has on their children.

#### Speaker

Mr. David Seah holds a Bachelor (Hons) of Counselling from UniSIM. He is a certified Family Life Educator and Resource Speaker for K-Linkz. David is also an Associate Counselor at Lakeside Family Service Centre (Jurong East Branch) and also at St. Andrew's Cathedral Home For The Aged.

David is a very experienced speaker and counselor. He has conducted many talks and seminars in many private and public organizations, schools and childcare centers. David has a good sense of humor and his ability to engage and motivate his audience in a fun and humorous way has made him a very much sought after speaker.

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